

Meeting Minutes from: Tuesday, December 7, 2010

Attending: Andrea Stefonek, Jaye Bessa, Nancy Dewitt, Sue Piazza, Missy Zoephel, Cathy Koerpel, Charlotte Ahrens

Group: Mental Health Interagency Council

Topic	Discussion	Follow Up
Agency Updates	<p>Jaye: Healthy Student, Safe Schools: Early Childhood, Mental Health, AODA, Safe Schools. Grant returns- Emphasis on how to get therapists into schools.</p> <p>Cathy: Mental Health Summit- Tentative location Eagle River. NASW will handle mailings, registrations, printing, and participate in conference calls, but not speakers. Keynote speaker is usually a consumer.</p> <p><b>WE NEED MORE TOPIC AND SPEAKER IDEAS!</b></p> <p>Topic Ideas for conference discussed:</p> <ul style="list-style-type: none"> <li>Study &amp; Impact of Trauma (Elizabeth Hudson?)</li> <li>Parenting Difficulties</li> <li>How to be a more informed consumer</li> <li>Panel Discussion with school staff/parents, etc: geared towards parents, i.e., “how to advocate for self”; what services are available in schools for children with mental health issues.</li> <li>Alternative treatment options</li> <li>Issues in older consumers: Medication and Hoarding Issues (Sue Piazza to look into speaker(s). Pam VanCampen, RD-Living Well with Chronic conditions)</li> <li>Breakout sessions: Brain Insights, medication information (Dr. Immler?-avoiding the “pill to fix everything” mentality)</li> </ul>	<p>More information forthcoming at 01/04/2011 CST meeting.</p> <p>Collaboration with School District of Rhineland for Mental Health component of grant to be provided through 2011 Workplan.</p> <p>Collaboration with Family Partners and NASW provided through 2011 Workplan : SAVE THE DATE: MAY 13, 2011, Friday</p> <ul style="list-style-type: none"> <li>&gt;Andrea will help develop workplan outline, and Cathy will coordinate.</li> <li>&gt;Ongoing information send to Char.</li> <li>&gt;Missy and Shelby offering to speak.</li> <li>&gt;Jaye to contact Doug Nelson (speakers)</li> <li>&gt;Sue to look into speakers- focus on older adults</li> </ul> <p>Discuss at next meeting, January 4<sup>th</sup>. - topics, line up speakers, promotion of summit to agencies/groups.</p> <p>Discuss at next meetings for more agency/group names. Come with ideas.</p>

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	<p>Burden of economic/lifestyle/lack of insurance coverage/modern day society stressors on people facing mental health illness issues. Sleep issues across the generations</p> <p>Get information about Summit out to a variety of community groups: Partners in Education Group (PIE), Business &amp; Industry Group, etc.</p> <p>Nancy: Brain Insights Sessions – 3 separate sessions, 2- 3 hr day and 1 – 2 hr. night. On February 14, 2011 and open to anyone-parents, professionals... Cost is \$10.00 to attend.</p>	<p>Collaboration continues with Birth to 8 Council, School District of Rhinelander, and other agencies. Ring books based on program/ early childhood brain development/parent/child bonding will be distributed to agencies at a future date.</p> <p>Council members encouraged to attend a session.</p>
2011 Workplan	<p>Overview and discussion by Andrea. Additions in plan discussed and approved by members present. Included addition of May Education Summit: collaborate with Family Partners/NASW; Brainsights initiative: collaborate with Birth to 8 Council and School District of Rhinelander; Healthy Student, Safe Schools: collaborate with School District of Rhinelander re: Mental Health component; Homeless Shelter Initiative follow-up via Char; extend partnership with Nicolet College Psych Department; Adapt our Mental Health Anti-Stigma Campaign to the state’s newest initiative(s).</p>	<p>Andrea will finalize and get in email for Char to distribute to group.</p> <p>Any follow-up contacts or ideas from group members appreciated.</p>

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Topic	Discussion	Follow Up
Next Meeting	Tuesday, January 04, 2011 from Noon to 1:00.	Continue to work on 2011 Workplan: Brain Insights Campaign, Spring Summit, Anti-Stigma Campaign.